

**European Knowledge Tree Group**

**eHealth Symposium**

**Building the European digital health environment –  
Turning best practice into mainstreamed implementation!**

**24<sup>th</sup> January 2018**

**Occupational Therapy & Assistive Technology**

**Helen Rushton, Occupational Therapist**

*Helen*

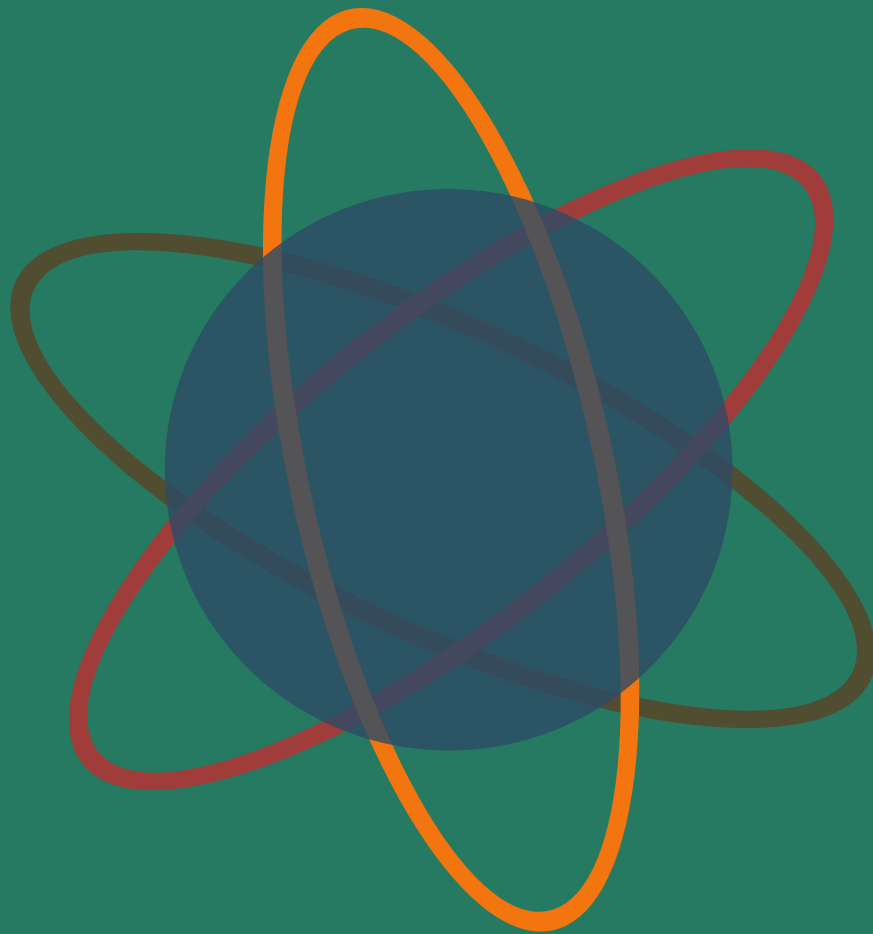
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**OTUK**

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*Occupational Therapy  
& Professional Development*

**How occupational therapists support individuals,  
services, industry and communities when considering  
the use of assistive technology.**



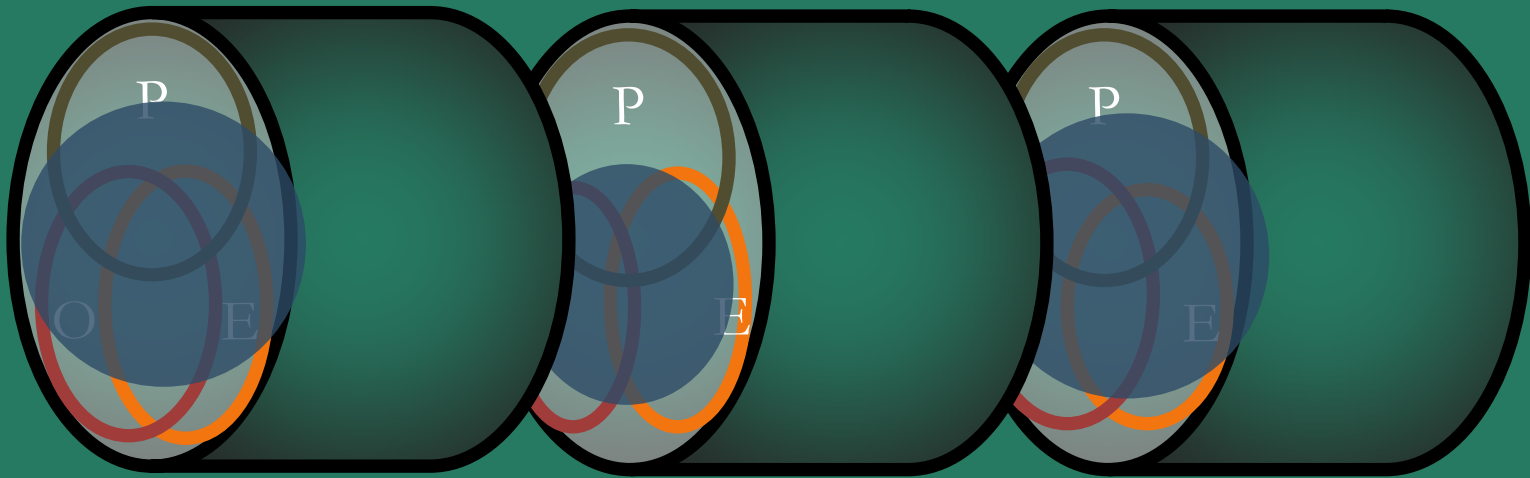
Occupational Performance

Personal Skills

Occupational Demands

Environmental  
Supports and Barriers

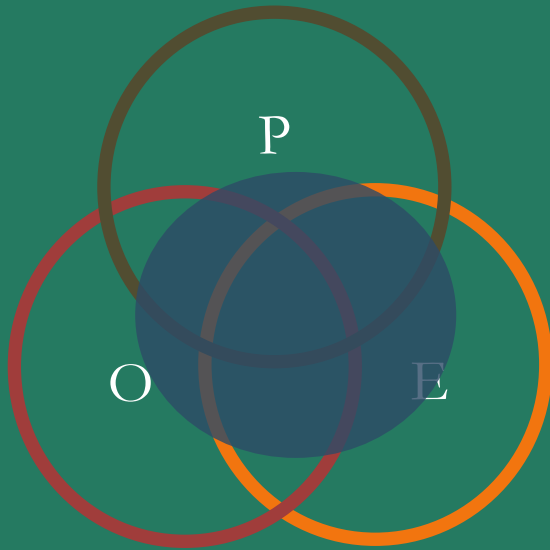
## The Person Environment Occupation (PEO) Model: A Transactive Approach to Occupational Performance



Development through the Life Span

## The Person Environment Occupation (PEO) Model: A Transactive Approach to Occupational Performance

Law, M., Cooper, B., Strong, S., Stewart, D., Rigby, P. & Letts, L.  
1996 *Canadian Journal of Occupational Therapy*. 63(1):9-23.

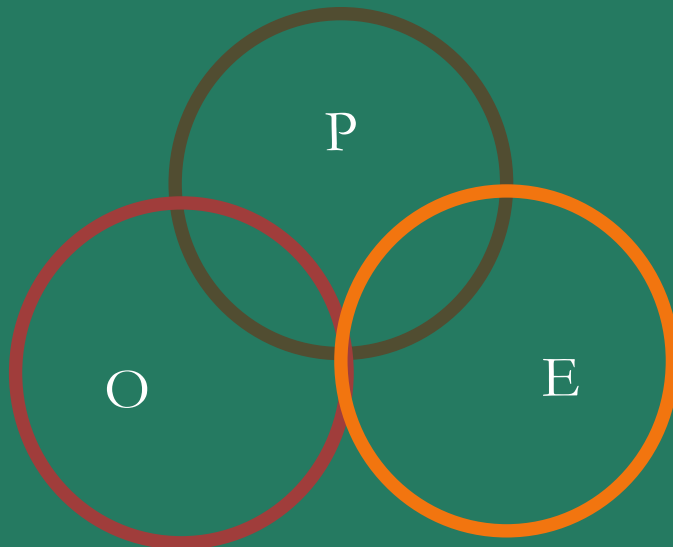


Occupational Performance

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## We are occupational beings...

- ✓ Build an in-depth occupational profile
  - ✓ What the 'client' wants to do
  - ✓ What the 'client' needs to do
  - ✓ What the 'client' is required to do
- ✓ Understanding of roles that are meaningful
- ✓ Knowledge of impact on health and wellbeing
- ✓ Occupational / Activity / Task / Risk analysis
- ✓ Act as advisor, guide, trainer or advocate

'Client' can be individuals, families, services, companies or communities.

Thank you for listening and I look forward to your questions.

Helen Rushton, Occupational Therapist

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